"Nut Notice"

HCM is now a "nut free" facility. We will no longer serve foods with nuts or allow foods to be brought in from home that have nuts in them. Several children at our facility have from mild to severe allergies to nuts and we want to safeguard their health.

<u>Foods to Avoid</u>: crackers with peanut butter, any nut butter sandwiches, or cookies or granola bars with nuts

<u>Foods that are OK</u>: soy nut butter, sunflower seed butter and nut free cookies and granola bars.

We are sending this notice home so that you are aware of this policy. If you have any concerns, please contact Janice at 206-265-1598. Thank you so much.